

THE FORGOTTEN DAY

After God made the world, He created a day that Adam and Eve and their descendants were to remember. But over time, Satan has successfully caused the world to forget this day. Today we will rediscover this important day and what makes it so special.

1. **Why did God create the 7th day Sabbath? (3 points)**

Bible Text – Genesis 2:1-3

2. **What was Sabbath to be a sign of?**

Bible Text – Ezekiel 20:12, 20, 2 Corinthians 4:6

3. **For whom was the Sabbath made for?**

Bible Text – Mark 2:27

4. **What is the Sabbath also known as?**

Bible Text – Mark 2:28

5. **When does the Sabbath start and end?**

Bible Text – Leviticus 23:32; Mark 1:32

6. **What guidelines has God given us for enjoying the Sabbath?**

A. **Bible Text** – Isaiah 58:13-14

B. **Bible Text** – Exodus 20:8-10

C. **Bible Text** – Matthew 12:12-13

D. **Bible Text** – Luke 4:16

7. **Have the 10 commandments, including Sabbath, changed?**

Bible Text – Luke 16:17; Psalm 89:34; Exodus 20:1, Num 23:19-20

8. **How do you know Sabbath is Saturday?**

Bible Text – Mark 15:37,42; Luke 23:56; Mark 16:1-2

9. **Wasn't the Sabbath changed to Sunday at Christ's death?**

Bible Text – Mathew 24:20

10. **After Jesus died, did the apostles continue Sabbath keeping?**

Bible Text – Acts 17:2; Acts 13:14; Acts 18:4

11. **Will the Sabbath be kept in the new earth?**

Bible Text – Isaiah 66:22-23

12. **Why is it important to keep the Sabbath?**

Bible Text – James 2:10; John 14:15

We will discover in later studies how and why Satan has changed this day and made the world forget it. But from our study today, can you see that the Sabbath day was special and God made especially for you to spend time with Him? Do you love God enough to obey His desire for you to keep it holy?